# FEDERATION OF RURAL AUSTRALIAN MEDICAL EDUCATORS

# **9.30-11.30am RTH Meeting**

### **WELCOME**

Prof. David Atkinson



## **RTH Presentations**



### **AUSTRALIAN NATIONAL UNIVERSITY**





#### **South East NSW Regional Training Hub**

## Go Rural

#### **Creating Opportunities**

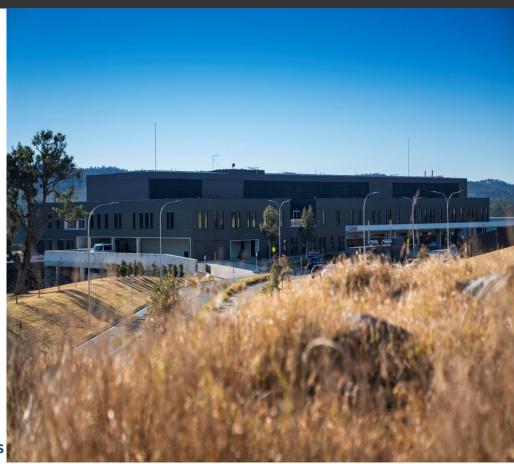
- More productivity
- Workforce Planning Tool

#### **Student Engagement**

- Career Planning for final year students and JMOs
- Provide latest information/opportunities
- JMOs follow-up

#### **Collaborations**

- Building close relationship with all stakeholders
- Regular communication with other RTHs
- Ongoing liaison SNSW LHD ^ registrar No's &RG's





#### South East NSW Regional Training Hub

Final year students career planning program (2020 result)

Successful career planning sessions conducted in April and May

Both Rural and non-rural stream students - all have gained their first preference

Numbers of non-rural stream students applying for rural intern positions is increasing

Communication strategy

Year 1	Introduction - resources/tools
Year 2	Session provided in Rural immersion Week
Year 3	Opportunities ahead session
Year 4	Career Planning
JMOs	Keep in touch with resources/opportunities
Stakeholders	Collaboration on events/sponsorship/support

Collaboration with other Rural Training Hubs

Resources Training program Supporting opportunities

Aspex project

Developing an understanding of the existing policy setting for medical workforce in SE NSW

Identify current medical workforce and prevocational/vocational trainee

Provide critical contextual and qualitative information for future medical workforce needs

Developing the workforce tool



## **DEAKIN UNIVERSITY**



## Western Victoria Regional Training Hub Highlights





Achievements

- Victorian Rural Generalist Program
- Physician Training Program
- Preferential Rural Entry Pathways
- · Decentralise teaching and delivery

## Western Victoria Regional Training Hub Highlights



Professional Development

- Professional development opportunities delivered to local junior and senior health professionals
- Feedback and engagement has been very positive
- Positive impact on clinical supervisor network across the broader region

Collaboration

- SRTHA members are finalising the development of the regionalmedicaltraining website, a simple, yet comprehensive information source
- Established Dr JuMP Mentoring Program by Victorian stakeholders. Includes RTHs, RTOs and peak workforce bodies. Allows efficient use of resources, reduced duplication and mentors, burn out

Creative Delivery

- Online social events
- Coordination of networked events held at each healthcare service
- Creation of recordings for distribution to regionally-dispersed sites
- Utilisation of students as ambassadors
- Engagement with local community members

## **FLINDERS UNIVERSITY**

**Limestone Coast** 





FRAME Presentation September 2020

COVID-19 Challenges and Innovations





# COVID Challenges, Flinders University SA Regional Training Hub

- Rapid transition to online clinical education
- Reduced networking opportunities
- Careers counselling and mentorship
- Border community with Victoria = reduced access to visiting specialists



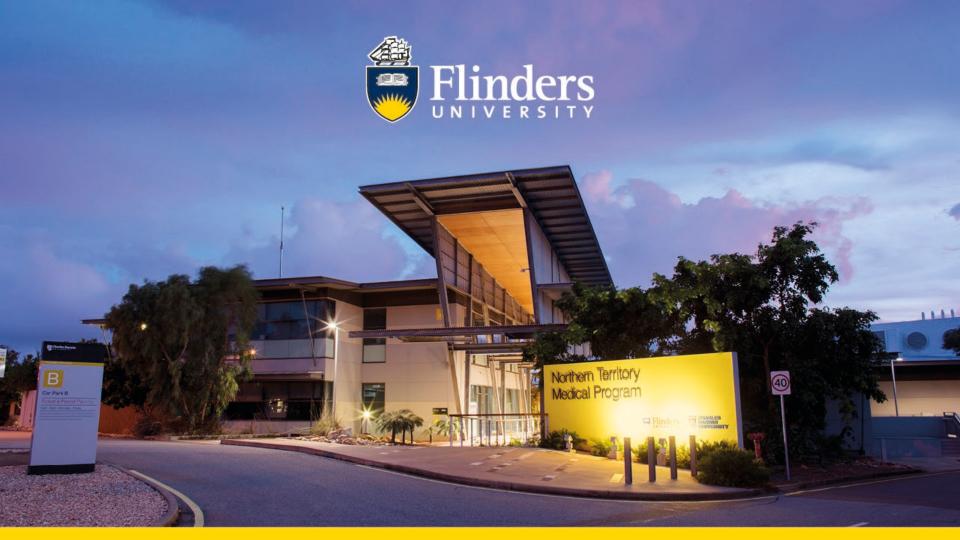
# COVID Innovations, Flinders University SA Regional Training Hub

- Virtual Clinical Training Support program for clinical supervisors
- Virtual 'Rural Day' for MD 1 Flinders University students, a RTH recruitment activity
- Regular virtual health and wellbeing support for Junior Drs
- Clinical exposure to future workforce skills in Pandemic Management

### **FLINDERS UNIVERSITY**

Northern Territory





## Flinders NT Regional Training Hub

#### Career Expo transforms to Career Pathway Webinar Series

- Facilitating webinars with all Specialist Colleges & RG Coordination Unit
- Presenters- College representatives, along with trainees and Fellows from the NT
- Experts in Zoom Webinars- resources developed
- Request to design teaching and learning resource webinars recorded to go!

"Last night's Webinar was truly wonderful – thank you all so much; such extraordinary knowledge and experience shared with tremendous positivity and engagement"

Mary Kyriakides RANZCP



"We very much enjoyed being involved in the webinar and look forward to future collaborations".

Jess Ledwidge RACGP



228 views of the webinar recordings



## Flinders NT Regional Training Hub

#### Remote and Rural Junior Doctor Training Forum

- Forum in Alice Springs postponed to 2021
- National Steering Committee- Junior Doctors, RTH's, Specialists interested in advancing rural training
- Continued momentum with bi-monthly meetings 2020 Projects

- **PROGRESS** CONTINUES DESPITE COVID-19
- Advanced Training in Remote Indigenous Health- Evaluation of pilot and advertising for trainees to undertake additional AST for a FACRRM or ARST for the FARGP in 2021
- Clinical Supervisor Training Online-leadership and mentorship workshops
- Clinical Supervisor Support Pilot
- NT Medical Program Graduate Tracking Research Project
- Cross Cultural Communication Skills- NT Governance Committee established, workshop 24/09/20
- NT Training and Workforce Collaboration
- Student to Internship Transition Workshop

#### **MEETINGS**

2 Junior doctor forums face to face

#### ONLINE

- 1 with RTHs
- 5 Steering Committee



## **JAMES COOK UNIVERSITY**



#### North Queensland Regional Training Hubs

An education and career with Adventure, Skills and Impact





# Supporting our Health Services for Staffing into the Future

#### **RMO Campaign**

- 6 Webinar series in collaboration with HHS
- Focussed on disciplines with forecast shortfalls
- 508 attended, videos viewed over 700 times

#### Intern campaign

- Partnered with HHS to deliver intern info session
- Expanded to a national focus
- 160 attended, video viewed over 200 times



My Applications ▼ Login Help

Position Status Report

Total

15

46

89

Facility Name

Caims Hospital

Gold Coast Hospital

Bundaberg Hospital Caboolture Hospital My Applications ▼ Login Help

22

45

61

Group B - Group D

#### Position Status Report

Facility Name	Total Intern Positions	Total Group A Interns Applied	Bonded Medical Scholarships Applied	Group B - Group D Interns Applied
Bundaberg Hospital	5	6	0	14
Caboolture Hospital	12	3	0	16
Cairns Hospital	46	29	0	73
Gold Coast Hospital	92	118	0	80
Hervey Bay Hospital	8	3	0	10
Ipswich Hospital	31	16	0	20
Logan Hospital	37	39	0	15
Mackay Base Hospital	26	3	0	90
Mater Health Services	16	17	0	8
Mt Isa Hospital		0	0	0
Princess Alexandra Hospital	87	101	0	45
Queen Elizabeth II Jubilee Hospital	13	2	0	17
Redcliffe Hospital	28	15	0	15
Redland Hospital		0	0	0
Rockhampton Base Hospital	31	2	0	59
Royal Brisbane and Women's Hospital	93	109	0	87
Sunshine Coast University Hospital	52	74	0	50
The Prince Charles Hospital	25	23	0	11
Toowoomba Hospital	35	35	0	15
Townsville University Hospital	66	43	0	80

Hervey Bay Hospital 3 9 Ipswich Hospital 31 31 11 Logan Hospital 37 39 8 Mackay Base Hospital б 49 Mater Health Services 16 20 24 Mt Isa Hospital 0 0 2 Princess Alexandra Hospital 42 104 Queen Elizabeth II Jubilee Hospital 11 Redcliffe Hospital 29 14 Redland Hospital 0 0 35 Rockhampton Base Hospital Royal Brisbane and Women's Hospital 94 125 78 Sunshine Coast University Hospital 59 53 The Prince Charles Hospital 25 27 19 Toowoomba Hospital 35 35 0 25 Townsville Hospital 64 29 53

Total Group A

26

103

Bonded Medical

Intern Positions Interns Applied Scholarships Applied Interns Applied

7<sup>th</sup> June 2019

Position status reports from Qld Health Website

5<sup>th</sup> June 2020

## **MONASH UNIVERSITY**



#### MONASH REGIONAL TRAINING HUBS

GIPPSLAND VICTORIAN A/P Michael Nowotny Larissa Attard NORTH WEST

A/P Janelle Brennan Sophie Burke

#### **BUSINESS AS USUAL**

- Rural Résumé Bursary Boost Program
- Mentoring Pilots
- PGY2 Education Framework
- Rural Talent Awards

- Working with Stakeholders: pathway development, funding applications, accreditation of posts
- eNews & Doctor What? Doctor Where? Podcast
- Southern Regional Training Hubs Alliance





### MONASH REGIONAL TRAINING HUBS

#### **COVID 19 IMPACTS & PIVOTS**

- Focus on wellness & wellbeing: Staff, Students & Junior Doctors & Consultants
- Online: Sponsorship of & participation in sector & student events
   Career pathway information, webinars, videos
   Interview tips & CV preparation webinars

Supervisor Training & Cultural Awareness courses





# UNIVERSITY NOTRE DAME AUSTRALIA







#### INNOVATIONS & CHALLENGES IN A COVID ENVIRONMENT

#### TRAINEE & POTENTIAL TRAINEE SUPPORT

#### **INNOVATIONS TO MEET COVID-19 RESTRICTIONS**

- Virtual Careers Workshop with RDN & MLHD 2 May: 95 attendees from across Australia
- Virtual Rural Preferential Pathway Interview skills workshop with USYD RTH 20 June
- Virtual Psychiatry\* Interest Forum with RANZCP 2 August: 36 registered. Next event Nov
   \* Area of workforce shortage esp. rural
- AMSA virtual Rural Health Symposium 19-20 September: Presentation and virtual trade hall
- Increased small group & one on one support for applicants for scholarships, med school, RCS placements & rural career pathways using video conferencing etc
- Continuing collaboration with USYD RTHs for Destination Medicine<sub>©</sub> New series for high school students underway with developing national RTH focus



Psych Interest Forum Panel August 2020





#### **INNOVATIONS & CHALLENGES IN A COVID ENVIRONMENT**



#### TRAINEE & POTENTIAL TRAINEE SUPPORT CHALLENGES

- Short-term rural placements in MLHD for interstate med students impacted. COVID risk assessment now part of placement process
- Destination Medicine<sub>©</sub> podcast series in collaboration with USYD with rural clinicians initially impacted . Catch-up underway as well as new series aimed at high school students
- Conferences support for rural med students & junior doctors suspended for 2020

#### TRAINER SUPPORT

- Face to face workshops reduced under COVID restrictions
- Train the trainer emphasis
  - ALS2 workshop included sign-off on the practical component for four new rural instructors
  - Advanced Critical Airways Workshop completed 29 June
  - Core Emergency Medical Ultrasound with MLHD 19-20 Sept cross discipline

#### TRAINING CAPACITY

- Integrated Medical Workforce Planning & Training Placement Tool data update being finalised. Challenges obtaining data due to COVID
- Collaboration with MLHD through HETU to meet regional capacity & training needs
- Working with RDN to build on existing collaboration and to explore new ways of partnering including in gathering and interpreting workforce data



## **UNIVERSITY OF ADELAIDE**



#### Adelaide Rural Clinical School



#### RTH – COVID impact

Implement and maintain arrangements with relevant education professionals and health service stakeholders

## Northern training network

Whyalla - 2 interns, 1 Psyc Reg Plus 6 month surg reg rotation

Pt Augusta - 1 paeds intern, 1 DRANZCOG Ad GP reg, Plus 10 week rotation for surgical intern

- Many formal events and meetings cancelled
- Focused primarily on maintenance of status quo





## of ADELAIDE

#### **RTH Approaches**

## **Increase clinical training capacity**

- Monthly <u>Clinical Teaching Journal Clubs</u> every second Tuesday in the month (Monthly <u>Research Support Meetings</u> every fourth Tuesday of the month
- Lead international webinar <u>Engaging LIC</u> students in virtual care: COVID19 and Beyond <a href="https://clicmeded.com/">https://clicmeded.com/</a>
- Point of care Ultrasound training
- Still planning a Preceptor teach the teacher weekend in November (fingers crossed)



## **UNIVERSITY OF MELBOURNE**



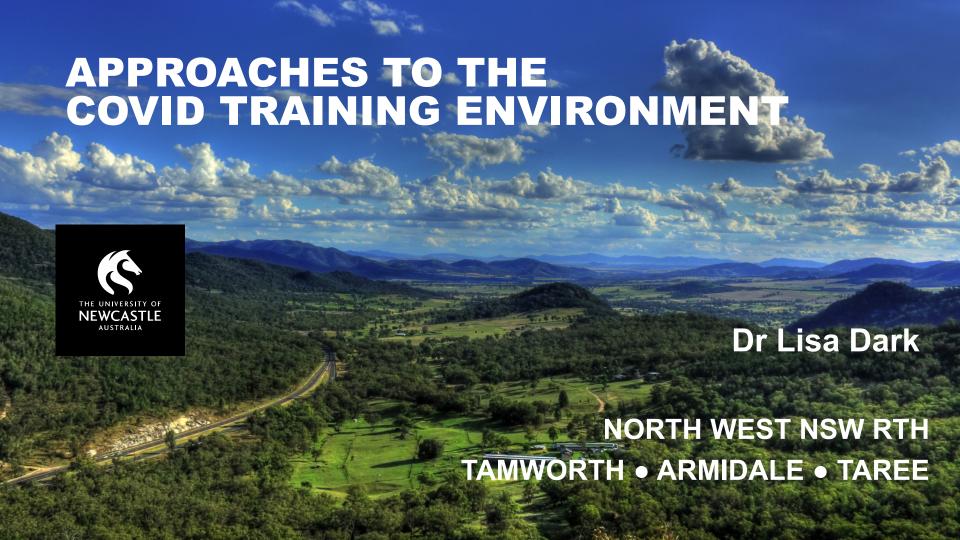


#### **FRAME update – Regional Training Hub**

- Recruitment of the hub team nearing completion three former team members are now working for the Victorian Rural Generalist Training program.
- Successfully appointed embedded roles in our three major health service partners to work on specific hub initiatives – building education and supervisory capacity, identifying and mentoring students and junior doctors with rural career intent
- Ongoing provision of educational supervisor training for clinicians utilising the 'training the trainers' approach for local, regional delivery and facilitation.
- Working with Southern Regional Training Hubs Alliance on specific training proposals to meet local needs – e.g. Critical Care training.

## **UNIVERSITY OF NEWCASTLE**





# COVID AND THE TRAINING ENVIRONMENT

- Embedded Senior Medical Student (ESMS) & Assistant in Medicine (AIM) roles
- Heightened focus on JMO and Student Wellbeing
- Move to online exams for rural trainees.
- Retention/hold on JMO terms & vocational training positions
- Education & technology refurbishment of the JMO space at Manning
- Electronic resources across LHD network

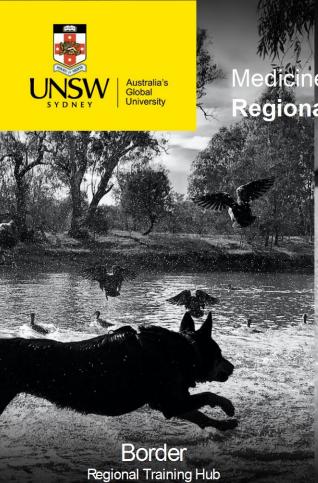
#### Challenges

- Lower levels of clinical exposure for majority of trainees
- Border closures and loss of locum support
- Burnout of clinicians teaching/research/service roles



## **UNIVERSITY OF NEW SOUTH WALES**





Medicine / Rural Clinical School Regional Training Hubs

Mid North Coast Regional Training Hub



M urrumbidgee Regional Training Hub

# UNSW Regional Training Hubs

#### Border

Regional Training Hub

- Regional Anaesthetic training pathway
- Health Service accreditation support for Basic and Advanced Physician training.
- Southern Alliance engagement with Victorian and Tasmania Hubs
- Victorian Paediatric Basic Training network – quarantining places for regional training.
- Postgraduate Medical Council of Victoria engagement - local UNSW students into intern positions at Albury-Wodonga Health, and progressing graduate retention.
- Promotion of regional training through a range of support activities.

#### Mid North Coast

Regional Training Hub

- Support and progress accreditation for new AST/ARST positions including Palliative Care and Internal Medicine.
- Valuable collaboration and input into MNCLHD Workforce Planning report.
- Educational Wellbeing workshops with specific focus on rural medical students and JMO's.
- Supporting staff specialists in Physicians CHHC and Advanced Position Training rotations with Royal North Shore Hospital.
- Progressing collaborative initiative enabling RCS medical students attendance at GP Registrar workshops.
- State-wide planning toward collaborative promoting all NSW RPR hospitals, their regions and RTH's.
- Increased regional research opportunities that link LHD's and RCS

Murrumbidgee Regional Training Hub

- Extensive work and collaboration with MLHD and others to develop a Single Employer Model for RG training.
- Focus on developing pathways of UG to PG to 'real' jobs in real locations with emphasis on local need.
- LHD leadership looking to better integrate all healthcare in Murrumbidgee and Hub dovetails with that.
- Bigger picture of R&R access for medical specialist training remains a challenge – NMWS strategy should make impact.



## **UNIVERSITY OF SYDNEY**



# Pandemic Impacts and Opportunities

University of Sydney
Western NSW
Northern NSW
Far West NSW

#### **Presented by**

Linda Cutler

Director Western NSW Regional Training Hub





#### Impacts:

- face to face activities

#### **Opportunities:**

- -virtual platform increased reach and diversity of attendance
- -adaptation of Dip. of Clinical Teacher Training to online platform (100 registrations across 4 sites)
- -value add of Hubs increased over time





### Other Comments, suggestions etc.



The University of Sydney

# **UNIVERSITY OF QUEENSLAND**





# The University of Queensland Regional Training Hubs

Central Queensland, Wide Bay, Southern Queensland

Project Manager, Debbie Croyden



## Approaches used to continue RTH work during COVID

Early assessment Activity Work Plan and undertook business continuity planning

#### Adjustments to business as usual and additional business undertaken:

- Intern Campaign in Qld altered RTH offered 4th year students virtual sessions with individual HHS + promoted Intern Campaign Pack.
- Staying abreast of State level communications e.g. MAPAU Updates, Specialist Colleges to monitor impact pipeline.
- New initiatives in response to COVID
  - Development of profile of local support services for junior doctors in Central Queensland.
  - Production PPE videos.
- Governance changes:
  - State-wide meeting adjusted focus.
  - Board meeting planning for life after COVID.
  - ➤ Local governance meetings placed 'on hold' period of time or converted to zoom meetings.
- Commenced work to enhance our existing program offerings to medical students and junior doctors e.g. Rural Context Training, Medical Educators Course.
- Medical Education and Training Opportunities:
  - Increased number of planned educational meetings offered via zoom educational series "COVID" topic generated great interest with medical students, junior doctors.
  - Offered webinars e.g. Rural Ready Series to medical students.



## Extent our work was impacted

- Inability to deliver face-to-face programs e.g. Mentoring Network events, regional high-school programs.
- Timelines: Some usual business moved to Q3/4 to reduce impost on our Hospital and Health Services e.g. annual collection position data across training continuum.
- Marketing Campaigns extra communications clearances with our local hospitals and specific departments in a COVID environment.
- Travel bans: Reduced opportunity for face-to-face stakeholder engagement across our footprint.
- Operational impact staff losses during COVID resulting in less internal capacity.
- COVID also presents opportunity to market how our regional and rural academics are managing this impact at the community level.

# **UNIVERSITY OF TASMANIA**



### Working through COVID-19

#### What changed?

- The attention of local clinicians and health services was diverted to COVID-19 response making engagement with them more difficult than usual
- Supervision training, career planning workshops, mentoring sessions and stakeholder meetings were changed to virtual
- The Hub workplan was re-focussed on tasks better suited to staff working from home

#### What's new?

- A series of information sheets to assist medical students and junior doctors in career planning
- A short summary of IMG pathways to medical registration in Australia
- Three short (10 minute) clinical supervision training videos scripted and recorded by the Hub's Medical Education Advisor to be made available on the Hub website
- A Statewide Rural Training Hub (StRuTH) database that, once completed, will allow longitudinal tracking of individual training pathways and outcomes
- Collaboration with the Tasmania Health Service medical recruitment units to try to introduce length of training contracts and mechanisms for the transfer of entitlements between regions



### **UNIVERSITY OF WESTERN AUSTRALIA**

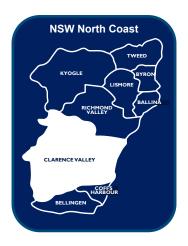
Verbal Update



# **UNIVERSITY OF WOLLONGONG**



# CLARENCE VALLEY REGIONAL TRAINING HUB



#### COMMUNITY ENGAGEMENT

Current UOW medical students attend local high school to discuss their journey into medicine and broader support for high school career expos in the region

Work with local high school to develop Aboriginal Students Health Careers Pathways program through Grafton Base Hospital

Continue to host information and networking activities for JMO's, medical and allied health students to promote the training hub

Work with local organisations such as Rotary and local Council to support community events and future planning of health based initiatives

# U



#### **ACHIEVEMENTS**

ACRRM accredited Primary Rural & Remote Training – 24 months

RACGP accredited extended skills emergency medicine

ACEM accredited Basic & Advanced Trainee posts commencing 2021

Supporting GP clinics to obtain dual accreditation ACRRM/RACGP

ACRRM accredited paediatrics & emergency AST

Establishing UOW final year student program Grafton Support for: UOW RCS/long-stay medical

program and John Flynn Placement Program
Partnered with USYD Lismore RTH to
complete NNSW Medical Workforce Plan

#### CONTINUE TO MEET OBJECTIVES

Ongoing - HETI accreditation of PGY2 placements
Grafton/Maclean

Continue to wok with UOW student bodies and RTH's to promote virtual learning & funding opportunities

Continue to promote Rural Generalist vocational pathway through sponsorship & attendance at rural focused conferences

Increase training opportunities across the whole medical education continuum

Work with ACEM EMET hub to continue onsite education with a multidisciplinary team focus

Med student rural scholarship program to encourage placements in our region.

#### **COLLABORATIONS**

University Centre for Rural Health (UCRH) Lismore collaborate with Aboriginal Academic Lead to develop an Indigenous high school students Health Careers Pathways Program

UOW Rural Health Club to promote rural education and vocational pathways to students studying health

Continue to work collaboratively with other RTHs to promote rural training

Continue partnership with Lismore RTH under the broader Northern NSW Regional Training Hub to increase Rural Generalist & JMO training opportunities on the NSW north coast.

Work together with key stakeholders GP Synergy, NCPHN, RDN, NNSWLHD to increase training capacity through a training hub operations group





UNIVERSITY OF WOLLONGONG AUSTRALIA



# **Selected Presentations**



# RTH progress in different stages of training

Fran Trench/Linda Cutler





# REGIONAL TRAINING HUBS RURAL PATHWAY SUPPORT FOR MEDICAL STUDENTS

Rural medical school placement experiences

Career planning and mentoring

Facilitating rural placements



# MEDICAL STUDENT STAGE OF TRAINING SUCCESSES & ROAD BLOCKS

### DISCUSSION

# Rural Prevocational (PGY1-3) Pathways

Rebekah Carter



# Prevocational Doctors PGY1-3

Northern NSW
Regional Training Hub
Presented by

Rebekah Carter









#### Prevocational Doctors – PGY1-3

- RTHs can identify early which students have potential for Rural internship
- RTHs can assist with career mapping pathways
- "Where to from here?" at this stage of rural training (PGY1-3) our prevocational doctors need to have options
   rural pathways to apply for, so they don't disappear to the city to train
- The Commonwealth could assist by having a clearer understanding of key transition points and the nexus between service provision and the foundational requirements for vocational training pathways and College entry
- Understanding in order to link together all the stages of IRTPs is key here

The University of Sydney Page 59

# Rural Specialist Pathways - Paediatrics Michael Nowotny





MONASH RURAL HEALTH

# DEVELOPING A RURAL PAEDIATRIC BASIC TRAINING PATHWAY FOR VICTORIA

ENCOURAGING DOCTORS TO LIVE, TRAIN AND WORK LOCALLY

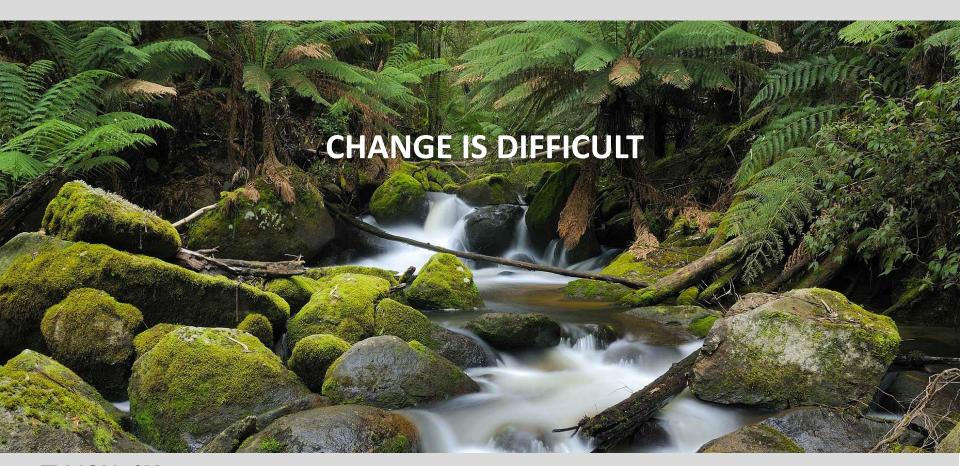
MICHAEL NOWOTNY
DIRECTOR GIPPSLAND RTH













#### THE OPPORTUNITY

- Maldistribution → 90 % of Victorian Paediatricians work in metro Melb
- Successful development of rural secondment rotations in 2012
- Support of regional sites and Southern Hubs Alliance
- Commonwealth support through hub funding allowed time and resources to develop a strategy
- Engagement and strong support of Victorian Department of Health & Human Services (DHHS)
- Engagement of RACP (new networked training model)
- Trainee interest high and quality training on offer

#### **SOME CHALLENGES**



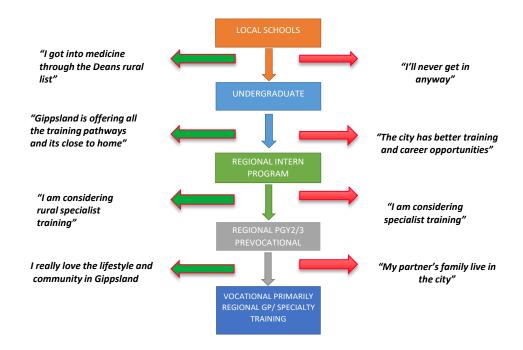


#### **ENCOURAGING PROGRESS**

- DHHS and RACP supported a Basic Training review committee for Victoria
- Key stakeholders involved: tertiary, outer metro, regional health services, neonatal network, DHHS health workforce, RACP and trainees
- Governance structure almost finalized
- Conscrtium management will have equal input from tertiary, metro and rural
- Rural sites will have a greater input in selection of the rural BT cohort
- First rural based BT recruits will hopefully start in 2022
- Other specialties now interested in the process



#### THE FUTURE?





#### HOW HAS THE HUB PROGRAM HELPED? (MESSAGES FOR THE DOH)

- IRTP has been successful in Victoria but needs clarity of ongoing funding to allow maintenance of training pathway development
- Southern Hubs Alliance(Victorian, Tasmanian, NSW Border hubs and now Southeast SA)has been a really exciting collaboration with lots of positive outcomes
- In Victoria there has been better collaboration between regional health services facilitated by the hub
- Across Australia there has been great collaboration and resource sharing due to the hub program
- Many previously siloed and disparate rural workforce advocacy groups are now working much more closely together
- Enhanced trainee awareness of rural training and work opportunities due to hub promotional activities
- Successful mentoring programs have been developed
   MONASH University

# Rural Generalist Pathways

Robyn Dupuis





# **Experiences with RG**

- QRGP vs AGPT RG
  - Educating junior doctors on differences and how to opt-in
- Training videos
  - Partnership with RTO, create videos to highlight national RG



## What has worked well

- Early buy in during med school
- Junior doctor rotations including primary care
  - PGPPP/RJDTIF
- Close relationships with the university, RTO and RTH





# FEDERATION OF RURAL AUSTRALIAN MEDICAL EDUCATORS